Remember school website is: [www.moorside.newcastle.sch.uk/website/remote\_learning](http://www.moorside.newcastle.sch.uk/website/remote_learning)

If stuck email [Linda.hall@moorside.newcastle.sch.uk](mailto:Linda.hall@moorside.newcastle.sch.uk)

**Foundation subjects:**

Task one- PE

* Have a go at these three exercises to help our bodies warm up and keep us active.
* Why is it important to warm up our muscles? What happens to our bodies when we do exercise?

1. Run on the spot for 30 seconds (counting to 30).

2. Jump or hop on the spot for 30 seconds (counting to 30).

3. Complete as many star jumps as you can in 30 seconds.

- Repeat these activities another 2 times, see if you can beat how many star jumps you do each time.

-Now watch this video, what can you remember about muscles? <https://www.bbc.co.uk/bitesize/clips/zqm8q6f>

Links - maths – TTRockstars

<https://play.ttrockstars.com/auth>

Education city - <https://go.educationcity.com/>

Task one – English <https://www.oxfordowl.co.uk/>

Education city - <https://go.educationcity.com/>

BBC Bitesize <https://www.bbc.co.uk/bitesize/levels/z3g4d2p>

Reading task - Go onto Oxford Owl

<https://www.oxfordowl.co.uk/>

* Click on the age group 5-7.
* Read or listen to ‘Things that sting’.
* Can you think of anything else that stings you?
* Choose one ‘thing that stings’ and use the internet to find out more about it.

Task one – English

* Have a go at your spellings for Monday.
* Use this link to go on to BBC bitesize <https://www.bbc.co.uk/bitesize/topics/z88t97h/articles/zsv64qt>
* Watch the video all about how to write a good sentence.
* Can you think of some features that are needed to make a good sentence?
* Now complete the two activities, putting the sentences in the correct order. Can you improve the sentences?
* Now have a go at writing your own silly sentences, using your learning from this week to help you.
* Try to include: prefixes, suffixes, punctuation, fronted adverbials, expanded noun phrases and conjunctions.

Task one – Maths

* Jump up and down counting forwards and backwards in 3’s. Repeat this, counting forwards and backwards in 4’s.
* Use the internet to log on to ttrockstars using your personal log in. Click play and garage. Choose your timetables to have a go at. You could have a go at you 2’s, 5’s, 10’s, 3’s, 4’s and 8’s.
* Use the link to go on to white rose hub <https://whiterosemaths.com/homelearning/year-3/week-5/>.
* Select the video named ‘Subtract a 1 digit number from 3 digits- crossing 10’, completing the questions as you go along.
* Use yesterday’s learning to help you.
* Now look at the sheet named ‘day 5 subtraction’. Complete the recap questions using your understanding from yesterday to help you.
* Now complete the questions for 3 digit – 1 digit.